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## **Grand Canyon News Release**

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## Plague is probable cause of death of National Park Service employee at Grand Canyon National Park

**Grand Canyon, Ariz.** – On November 2, 2007, Eric York, a 37-year-old wildlife biologist at Grand Canyon National Park, was found deceased in his residence on the South Rim. Plague is the probable cause of his death based on preliminary laboratory tests conducted by the Arizona Department of Health Services (ADHS) and the Centers for Disease Control and Prevention (CDC).

Plague is a rare, but sometimes fatal, disease caused by the bacterium *Yersinia pestis*. It is primarily a disease of animals, but it can be transmitted to humans through the bites of rodent fleas or by direct contact with infected animals. Though we are not certain about the source of his infection, York most likely became infected with plague from work-related exposures to wildlife.

York's symptoms were consistent with pneumonic plague, the most serious, but least common form of plague. In rare cases, pneumonic plague can spread person to person through aerosolized respiratory droplets (e.g. coughing, sneezing). According to the CDC, transmission of plague from person to person has not been observed in the United States since 1924.

Since pneumonic plague was initially suspected as a possible cause of York's death, the National Park Service (NPS) worked with the Grand Canyon Clinic to offer a seven-day course of

prophylactic antibiotics to persons who had close contact (within six feet) with York while he was symptomatic. These people have been contacted and are in the process of receiving medication.

Close contacts of York have also been informed to watch for symptoms consistent with plague and to seek medical attention as soon as possible if symtoms develop. Symptoms of pneumonic plague include fever, headache, chest pain, cough, and bloody saliva. Early treatment with antibiotics is essential to surviving plague.

Plague is considered endemic in northern Arizona at elevations above 4,500 feet. While an average of one or two human cases of plague are reported each year in Arizona, there were no human cases reported from 2001 through 2006 in the state. Increased plague activity in Arizona was reported in 2007 to public health officials:

- one human case, who survived, was reported in Apache County,
- prairie dog colony die-offs in two separate neighborhoods in Flagstaff (Coconino County) were confirmed to be from plague, and
- a domestic pet cat from north of Prescott (Yavapai County) was also documented as infected with plague.

York had direct contact with both wild rodents and mountain lions, which put him at a higher risk for plague than other park staff and the general public. Persons living, working, or visiting areas where plague is known to be present can take the following precautions to reduce their risk of exposure:

- **Do not** handle sick or dead animals.
- Prevent pets from roaming loose.
- Control fleas on pets with flea collars or flea sprays routinely.
- **Avoid exposure** to rodent burrows and fleas and wild animals.
- <u>Use insect repellant</u> when visiting or working in areas where plague might be active or rodents might be present.
- Wear rubber gloves when cleaning or skinning wild animals.
- Domestic cats are susceptible to plague. Cat owners should take their ill cats to a veterinarian for evaluation.

The NPS plans to collaborate with its public health partners to assess the risk for plague and other zoonotic diseases at Grand Canyon National Park. Public health officials from the NPS, the CDC, ADHS and the Coconino County Health Department have all been instrumental in this incident.

For more information, please call the Grand Canyon National Park Incident Information Center at (928) 638-7922 or (928) 638-7688. For additional information on plague and for tips on prevention, please visit the Centers for Disease Control Web site at <a href="http://www.cdc.gov/ncidod/dvbid/plague/index.htm">http://www.cdc.gov/ncidod/dvbid/plague/index.htm</a>.

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